

HASTINGS MIDDLE SCHOOLS

January 2017 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>Popcorn Chicken & Herbed Rotini <i>OR</i> Pepperoni Pizza Corn Tossed Salad w/Dressing Fruit Choices</p>	<p>4</p> <p>Mini Pancakes w/Sausage Links <i>OR</i> Chicken Tenders w/Garlic Toast Tator Tots Fresh Vegetables w/Dip Fruit Choices</p>	<p>5</p> <p>Orange Chicken w/Brown Rice <i>OR</i> Macaroni & Cheese w/Sun Chips Steamed Broccoli Florettes Carrots w/Dip Fruit Choices</p>	<p>6</p> <p>Cheese/Hamburger on Bun <i>OR</i> Beef Hot Dog on Bun Baked Beans Baked French Fries Fruit Choices</p>
<p>9</p> <p>Soft Shell Beef Tacos <i>OR</i> Grilled Quesadilla Corn Fresh Veggie Taco Toppings Fruit Choices</p>	<p>10</p> <p>French Toast Sticks w/ Sausage Links & Tri Tator <i>OR</i> Teriyaki Chicken w/Brown Rice & Steamed Broccoli Fresh Vegetables w/Dip Fruit Choices</p>	<p>11</p> <p>Spaghetti w/Meatsauce– No Alternate Garlic Toast Green Beans Caesar Salad Fruit Choices</p>	<p>12</p> <p>Chicken N’ Gravy w/Mashed Potatoes & Dinner Roll <i>OR</i> Corn Dog w/Baked Fries Corn Fruit Choices Mini Rice Krispie Treat</p>	<p>13</p> <p>Pepperoni Pizza <i>OR</i> Cheeseburger on Bun California Blend Vegetables Baked Beans Frozen Fruit Cup Fruit Choices</p>
<p>16</p> <p>NO SCHOOL</p>	<p>17</p> <p>Mini Pancakes w/Sausage Links <i>OR</i> Mozzarella Pizza Sticks w/ Marinara Sauce Breakfast Potatoes Froot Juice Fruit Choices</p>	<p>18</p> <p>Mandarin Chicken w/Brown Rice & Steamed Broccoli <i>OR</i> Hot Italian Sandwich w/ Sauce & Spiral Potatoes Coleslaw Fruit Choices</p>	<p>19</p> <p>Mini Corn Dogs <i>OR</i> Chicken Patty on Bun Tator Tots Caesar Salad Fruit Choices</p>	<p>20</p> <p>Cheese Pizza <i>OR</i> Popcorn Chicken w/Black Pearl Rice Green Peas Fresh Vegetables w/Dip Fruit Choices</p>
<p>23</p> <p>Cheeseburger on Bun <i>OR</i> Chicken Tenders & Corn-bread Spiral Potatoes Caesar Salad Fruit Choices</p>	<p>24</p> <p>Super Nacho Supreme– No Alternate Fresh Veggie Nacho Toppings Refried Beans Fruit Choices</p>	<p>25</p> <p>Chicken Smackers <i>OR</i> Chicken Drumstick Dinner Roll Mashed Potatoes w/Gravy Garden Salad w/Dressing Fruit Choices</p>	<p>26</p> <p>Mozzarella Pizza Sticks w/ Marinara Sauce <i>OR</i> Chicken Nuggets w/Garlic Breadstick Glazed Carrots Caesar Salad Fruit Choices</p>	<p>27</p> <p>NO SCHOOL</p>