HASTINGS MIDDLE SCHOOLS

December 2016 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov. 28th **Popcorn Chicken & Herbed Rotini** ***OR*** **Pepperoni Pizza** Corn Tossed Salad w/Dressing Fruit Choices	**Nov. 29th** **Mini Pancakes w/Sausage Links** ***OR*** **Chicken Tenders w/Garlic Toast** Tator Tots Fresh Vegetables w/Dip Fruit Choices	**Nov. 30th** **Orange Chicken w/Brown Rice** ***OR*** **Macaroni & Cheese w/Sun Chips** Steamed Broccoli Florettes Carrots w/Dip Fruit Choices	**1** **Garlic Cheese French Bread w/Marinara** ***OR*** **Sloppy Joes on Bun w/Baked Cheddar Sour Cream Chips** California Blend Vegetables Caesar Salad Fruit Choices	**2** **Cheese/Hamburger on Bun** ***OR*** **Beef Hot Dog on Bun** Baked Beans Baked French Fries Fruit Choices
5 **Soft Shell Beef Tacos** ***OR*** **Grilled Quesadilla** Corn Fresh Veggie Taco Toppings Fruit Choices	**6** **French Toast Sticks w/ Sausage Links &Tri Tator** ***OR*** **Teriyaki Chicken w/Brown Rice & Steamed Broccoli** Fresh Vegetables w/Dip Fruit Choices	**7** **Spaghetti w/Meatsauce– No Alternate** Garlic Toast Green Beans Caesar Salad Fruit Choices	**8** **Chicken N' Gravy w/Mashed Potatoes & Dinner Roll** ***OR*** **Corn Dog w/Baked Fries** Corn Fruit Choices Mini Rice Krispie Treat	**9** **Pepperoni Pizza** ***OR*** **Cheeseburger on Bun** California Blend Vegetables Baked Beans Frozen Fruit Cup Fruit Choices
12 **Mini Pancakes w/Sausage Links** ***OR*** **Mozzarella Pizza Sticks w/ Marinara Sauce** Breakfast Potatoes Froot Juice Fruit Choices	**13** **Mandarin Chicken w/Brown Rice & Steamed Broccoli** ***OR*** **Hot Italian Sandwich w/ Marinara Sauce & Spiral Potatoes** Coleslaw Fruit Choices	**14** **Super Nacho Supreme– No Alternate** Fresh Veggie Nacho Toppings Refried Beans Fruit Choices	**15** **Mini Corn Dogs** ***OR*** **Chicken Patty on Bun** Tator Tots Caesar Salad Fruit Choices	**16** **Cheese Pizza** ***OR*** **Popcorn Chicken w/Black Pearl Rice** Green Peas Fresh Vegetables w/Dip Fruit Choices
19 **Chicken Patty on Bun** ***OR*** **Fettuccini Chicken Alfredo** Broccoli Fresh Vegetables w/Dip Fruit Choices	**20** **Cheeseburger on Bun** ***OR*** **Chicken Tenders & Corn-bread** Spiral Potatoes Caesar Salad Fruit Choices	**21** **Mozzarella Pizza Sticks w/ Marinara Sauce** ***OR*** **Chicken Nuggets w/Garlic Breadstick** Glazed Carrots Caesar Salad Fruit Choices	**22** **NO SCHOOL**	**23** **NO SCHOOL**